

project mobility

Changing lives one bike at a time



ANNUAL REPORT
2021



ABOUT US

Project Mobility was formed in 2002 by Founder Hal Honeyman. Hal's interest in adaptive cycling - bicycles for people with disabilities - was spurred when his own son Jacob was born with Cerebral Palsy. Hal wanted to find a way for Jacob to join the family when bicycle riding. After Jacob's needs were met, Hal found a demand for adaptive cycling and this led to the formation of Project Mobility.

MISSION

Our mission is to make a positive difference in the lives of children, adults and wounded soldiers with disabilities. This is made possible by providing the services, resources, and equipment needed to promote better health, independence, and the freedom of mobility through adaptive cycling.



A LETTER FROM OUR FOUNDER

We first want to thank our loyal supporters of Project Mobility for helping make all of the cycling dreams come true for those with disabilities. If it wasn't for each & every one of our donors we would not have been able to give away 12 adaptive bikes in 2021. Whether you have attended one of our fundraising events, donated, sponsored or volunteered, we are thankful!

In addition to our Adaptive Bike Giveaways we have done this year we are proud to announce we have launched our Veteran Cycling Initiative. This program provides the opportunity for veterans with physical limitations to experience the joy of cycling.

We collaborate with therapists by doing cycling assessments to determine the type of equipment needed to be successful to work them up to riding a few miles. For many this is the first time riding after their injuries. We are so happy to get back on the road helping those who served our country.

With COVID we have not been able to do as many Adaptive Bike Days at hospitals and therapy centers but we have started back up. We are so glad to be slowly getting back to getting kids on bikes, many for the first time.

Project Mobility believes everyone deserves the freedom of mobility. We can't wait to see what 2022 brings.

Thank you,
Hal Honeyman
Executive Director
Project Mobility



2021'S BIGGEST ACHIEVEMENTS

- Launched our Veteran Cycling Initiative and served **120 Veterans**
- **Donated 12 adaptive bikes** to children and adults through Project Mobility's Adaptive Bike Giveaway
- **Donated over \$55,000** in adaptive cycling equipment
- Brought nearly **1,000 people** together to witness Project Mobility's mission at yearly Signature Events



ADAPTIVE BIKE GIVEAWAY

We know adaptive bikes are costly and insurance does not cover them plus most families have numerous medical bills, so the last thing they can purchase is an adaptive bike. This is where Project Mobility steps in and host our Adaptive Bike Giveaway a few times throughout the year.



WHAT WE DO

ADAPTIVE BIKE DAY

An Adaptive cycling day allows participants to try cycles of all types. Our cycling experts will assess the rider for the best equipment and modifications for their needs. We will come to your location with a trailer packed full of adaptive bikes and experts to help.





IN-SERVICE

Introduction to adaptive cycling. Geared toward therapists, case managers, and care givers. Learn about adaptive cycling equipment, fitting, and funding options.

WHAT WE DO

ADAPTIVE BIKE ADVENTURE

Let us custom build an adaptive cycling experience for your organization. We have done custom events for many organizations. Anything is possible, how can we help?



VETERAN CYCLING INITIATIVE

Since 2006, Project Mobility has been serving injured veterans transition from a sedentary lifestyle to an active cycling routine. Through life-changing cycling events, veterans are introduced to cycling that has moved participants from their couches and hospital beds to the simple therapy of riding bikes.

Faced with both serious physical and mental injuries, the men and women that served this country are known to struggle integrating into society. Through cycling, these events have shown that veterans find both a community of service to their country, as well as the excitement of a new daily activity to look forward to.

Among the physical challenges of transition, veterans find difficulty in integrating socially into society upon return from service.

In order to confront these challenges, Project Mobility's mission is to make a positive difference in the lives of injured service members through the therapeutic activity of cycling promoting both a change in mental and physical health. Through an in-depth evaluation, each participant is fitted to an adapted bike that is specific to their injury and needs.

No matter the injury or physical limitation, the goal is keeping each participant mobile, active and engaged. While riding a bike, there are no longer limitations.



Senator Tammy Duckworth
with Hal Honeyman

CONTINUED...

Three ways that we accomplish our mission.

- Adaptive Cycling Clinics. These are an introduction to cycling for injured vets, therapists, doctors, and case managers. Participants learn about available equipment options, modification for specific needs, other great cycling events and funding options for their own bike.
- Project Mobility's Vet Ride Adventure Tips Considered the second step of recovery, these trips are two days of cycling and an overnight trip. It is a catalyst for physical activity and engaging like-minded people, which will form a community post-ride. We utilize the support of VA Medical Centers and work with the therapists that workday to day with their patients. Routes consist of bike trails for a safe and challenging experience, while keeping a scenic feel.
- Making Cycling a Lifestyle: We will provide bikes through a grant system, in order that riders can continue to ride on a regular basis. By connecting riders with local riding groups, the Vet Ride community, and cycling events will enable riders to stay engaged and active after the initial stages.

WHAT WE DO



ELIZABETH FELAGELLERMILL CHRISTOPHER'S MOTHER

"We wanted to say thank you so much for Christopher's bike! As you can see, he is beyond happy and it has truly been a life changing experience for us. Chris rides his bike to school everyday (when we were still in person he chatters away happily as he sees other kids going by on their bikes as well) and with remote learning we are now riding several times a day to keep active and busy.

The bike has a magical effect of bringing Chris such peace and calm, if he is agitated he instantly becomes more settled once we start riding. He has even gotten quite bossy deciding which direction he wants to go and is trying to steer as well as speaking and trying to communicate more saying left, right, and go go go. He likes to ride into town at dusk so we can see the Christmas lights, and also go by the nature preserves. Many people have commented as they see us riding throughout the neighborhood and town daily and he has had more interaction with our community, including many friends who now recognize us as we are out and about, he always lights up with a huge grin and sits a bit taller as they call out, "hello Christopher, looking good and way to go Chris!"

We truly can't thank you enough and are so beyond words grateful for the blessing and joy the bike has been for us all, especially our Chris."

FINANCIAL HIGHLIGHTS

FISCAL YEAR JANUARY 1, 2021 - DECEMBER 31, 2021

**Due to the pandemic 2020 & 2021 contributions were dramatically decreased*

REVENUES, GAINS, AND OTHER SUPPORT

Support and Revenue

Contributions	\$	131,972
In-Kind Contributions		60,206
Total Revenues, Gains, and Other Support	\$	<u>192,178</u>

EXPENSES

Program Services	\$	178,604
Management and General		7,985
Fundraising		2,095
Total Expenses	\$	<u>188,684</u>

CHANGE IN NET ASSETS \$ 3,494

NET ASSETS AT BEGINNING OF YEAR 3,769

NET ASSETS AT END OF YEAR \$ 7,263

CURRENT ASSETS

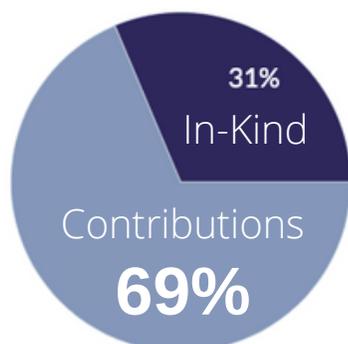
Cash and Cash Equivalents	<u>\$ 7,263</u>	
Total Current Assets		\$ 7,263

TOTAL ASSETS \$ 7,263

NET ASSETS

Without Donor Restrictions	<u>\$ 7,263</u>	
Total Net Assets		\$ <u>7,263</u>

TOTAL LIABILITIES AND NET ASSETS \$ 7,263



INCOME



EXPENSES

Management & General
Fundraising

GRACE

Everybody Rides - Adaptive
Bike Giveaway Recipient 2021



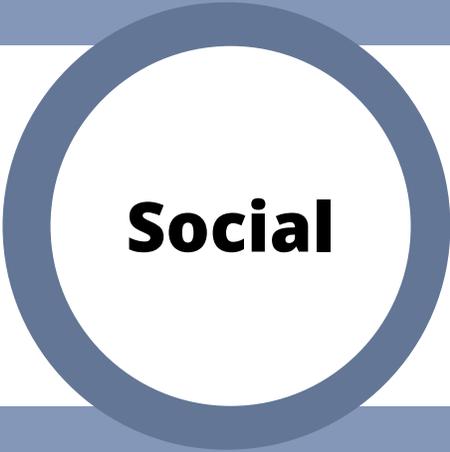
BENEFITS OF ADAPTIVE CYCLING

Adaptive cycling is more than just riding a bike, it is the feeling of the wind blowing in your face as you push down to pedal. It may sound like such a simple activity but to those with mobility challenges (along with the hefty price tag of an adaptive bike) it makes it nearly impossible for them to enjoy the freedom of mobility without the help of Project Mobility.

As you know the last couple of years have been tough for many and this has been true with Project Mobility. Those with disabilities are still in need, actually in need more than ever with more families staying home and doing more outdoor/safe activities such as bike rides. The importance of adaptive cycling during a global pandemic is greater than it has ever been in the past.

Adaptive bikes provide life-changing mobility, strength, self-esteem and the ultimate freedom for children, adults and veterans with disabilities. Cycling restores the possibilities to those whom are often told by society that their life is about limitations.

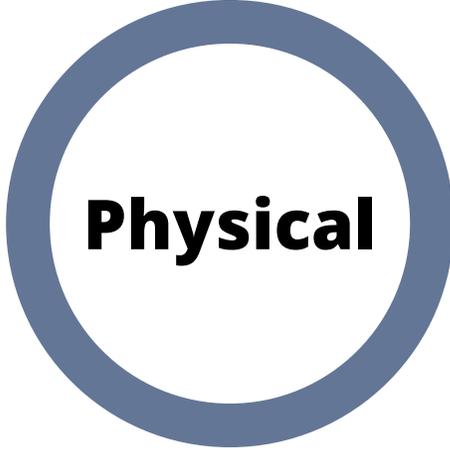
*Your support helps change
lives one bike at a time*



Social

Peer Integration
Socialization
Inclusion

Improved Strength
Independent Mobility
Cardio & Circulatory Health
Increased Range of Motion
Improved Gait
Better Balance
Trunk Control
Improved Digestion
Quality of Sleep
Cognitive Development
Visual Perception
Improved Flexibility



Physical



Emotional

Self-Esteem
Mental Health
Self-Confidence

BENEFITS



BOARD OF DIRECTORS

Sue Makovec, Judicial Circuit Court Dupage County
Brad Jerdee, Geneva Police Officer
Karen Jensen, Aurora East School District
Rebecca Carrell, Team Support Specialist Protective Life

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Hal Honeyman, President
Tamara Simmons, Vice President
Nancy Honeyman, Treasurer
Katherine Reda, Chief Development & Marketing Officer
Melissa Burke, Secretary

EVERYBODY RIDES 9TH ANNUAL BIKE RIDE

Everybody Rides was created in 2013, Project Mobility wanted an all inclusive and all abilities bike ride that would appeal to a family with young children to an avid cyclist and even someone with a disability. After 9 years and through Project Mobility's Adaptive Bike Giveaway over 40 bikes have been given to those in need! The event features a 10 miles trail ride, 29, 47 and 62 miles road ride followed by a Party in the Park with a band, raffles, all you can eat food and beer garden. 2021's ride was a beautiful day with over 300 riders coming together to give adaptive bikes to Emmanuel, Domenic, Grace & Ashley!





HOPS FOR HOPE 5K 5TH ANNUAL 5K

Hops for Hope 5K celebrated its 5th year in 2021! We wanted to come up with a creative 5K that no one has seen before. We have a lot of local support from breweries and businesses in the community, along with our supporters who love endurance events. We put those two together and came up with the first craft beer 5K in the Fox Valley. Participants can sample craft beer along the 5K course then join the after party and be part of our Adaptive Bike Giveaway.



We are honored to announce that in 2020 we were awarded The BibRave 100 - Best Races in the US!



PROJECT MOBILITY

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